

For centuries Crystals have been used for their healing properties. If you're looking to use crystals for self-love, there are many crystals that can be used. It's important to find the one that resonates with you the most. Here are some of the most popular crystals that are believed to promote self-love:

Amethyst ♥ Balance ♥ Healing ♥ Transformation ♥ Purification ♥ Protection ♥ Peace ♥ Psychic ♥ Sobriety ♥

Carnelian ♥ Boost confidence and creativity ♥ Increase motivation ♥ Increase energy levels ♥

Cherry Blossom Agate ♥ Love ♥ New Beginnings ♥ Transformation ♥ Peace ♥ Grounding ♥ Self-Growth ♥ comforting energy ♥ strong nurturing energy ♥ Love and Compassion ♥

Clear Quartz ♥ Love ♥ Master Healer ♥ Amplifier ♥ Healing ♥

Garnet ♥ Known for drawing more love into your life ♥ Joy ♥ Brings serenity ♥ Amplifies devotion and understanding ♥ Heart opener to give and receive unconditionally ♥ Promotes positive thinking ♥

Lavender Quartz ♥ Self-Love ♥ Healing ♥ Self-Care ♥ Self-Respect ♥ Peace ♥ Good Vibe ♥ Attract Prosperity and Abundance ♥ Known as a magician of the heart, due to its healing properties ♥

Lepidolite ♥ Calming properties ♥ Reduce stress and anxiety ♥ Promote feelings of self-love and acceptance ♥

Malachite ♥ Helps to release negative emotions ♥ Promote positive change ♥ Increase Self-worth ♥ Increase Self-esteem ♥

Pink Kunzite Quartz ♥ Self-Care ♥ Healing ♥ Self-Compassion ♥ Known to be one of the few naturally pink stones in existence ♥

Rainbow Moonstone ♥ Love ♥ Healing ♥ Balance ♥ Harmony ♥ Inner Confidence ♥ Peace ♥ Emotional Balance ♥ Compassion ♥ Mental Clarity ♥

Red Coral ♥ Romantic Love ♥ Healing ♥ Self-Esteem ♥ Courage ♥ Friendship ♥ Platonic Love ♥ Wisdom Balance ♥ Protection ♥

Red Jasper ♥ Promotes stability ♥ Boost self-confidence ♥ Encourages positive outlook on life ♥ Courage ♥ Inner strength ♥ Brings clarity to one's mind ♥ Emotional balance ♥

Rhodochrosite ♥ Self-less unconditional Love ♥ Find Love ♥ Forgiveness ♥ Past Wounds ♥ brings new love into your life ♥

Rhodonite ♥ Love ♥ Soothing ♥ Unconditional Love ♥ Healing Matters of the Heart ♥ Rhodonite ♥ Healing ♥ Choices ♥ Stress Release ♥ Forgiveness ♥

Rose Quartz ♥ Love ♥ Mother's Love ♥ Divine Feminine ♥ Friendship ♥ Healing ♥ Divine Feminine ♥ Calm ♥ Peace ♥ Self-Love ♥ Compassion ♥ Known as a LOVE stone ♥ stone of unconditional love ♥ Forgiveness ♥

Strawberry Quartz ♥ Love ♥ Healing ♥ Psychic Abilities ♥ Harmony ♥ Inner Peace ♥ Friendship ♥ Spirituality ♥ Known to stimulate the heart energy center ♥